

CHEFO's Unique and Diverse Volunteer Scheme

School Teams

CHEFO offers the best and most immersive volunteer abroad for students on summer programs or spring break to school teams. The teens get out of the bubble and engage in meaningful volunteer work, learn about complex social issues, immerse in a new culture and acquire the value of personal responsibility and commitment. Through experiential project activities the students take back memories of some of the most amazing places and people they have met.

Gap Year Students

We offer opportunities to students who are from high school or taking a break from college studies. Our participants immerse in a world outside where they obtain great insights of the career path they want to follow by getting themselves involved in various projects. Outside there, they appreciate the world outside while discovering the richness of giving back to the society and helping others. By the end of the program, our students will have utilized their talents and developed new skills that have greater insights of the career life they want to pursue.

Health Care and Pre Health Students

Students in pre-healthcare programs and health professionals are all welcome to Chepngoror Health Centre, where they will acquire hands on clinical experience through rural hospital rotations and a shadowing experience with guidance from a qualified medical practitioner. One can offer his/hers support to improve the delivery of healthcare services, participate in public health outreach programs in the community which include; child immunization; Creating awareness on proper sanitation & hygiene to reduce malaria and cholera outbreak amongst other activities.

Career Breaks

We customize volunteer activities to persons looking for a break from the old routine, or want to reinvigorate their career by trying something new. Our projects offer fantastic ways to utilize talents, develop new skills and explore the world around. The project activities not only equip volunteers with experience and knowledge for use on future career, but can also be the changing point for their lives.

Charity Expedition

No one has ever become poor from giving. If you have always wanted to travel abroad to give something to the community or try something completely different then this is the opportunity! We provide platforms for charity projects that involve fundraising to support a worthy cause such as sponsor orphans in their pursuit for education, provide for the sustainable development projects and much more.

Wildlife /Environment Conservation & Animal Welfare

We partner with local and national organizations to provide students with hands-on roles in conservation and animal welfare work, including veterinary work. By joining together with these organizations we support their efforts and in so doing, impart a broader context and deeper knowledge of these issues to students. Partnering with national parks and environmental organizations in many countries, our students support conservation, erosion control, and environmental stewardship.

Clean Hands saves lives Project.

4,000 children die each day in Africa because of lack of clean water and access to basic sanitation. So we build toilets and hand washing facilities whereby we encourage children to wash their hand after going to and before they eat to reduce those deaths and educate children. Sensitizing teachers and the community about issues of hygiene and sanitation. The toilet include dressing rooms solely for girls. To avoid them leave school simply because they didn't have any private facilities to use when they were on their period. This will help girls in the most powerful and effective way to address global poverty. So that they not only graduate, but also develop skills they need to negotiate key life decisions. Come let's help the girls finish secondary school which will lead to smaller, healthier, lower HIV infection rates, and higher wages. Educated women are more likely to educate their own children – ending the cycle of illiteracy in one generation.

Livelihood Programs

CHEFO believes in helping individuals live a life of dignity. To achieve this, our livelihood programs focuses on generating sustainable livelihoods. This is done through capacity building, fostering community links and promoting small businesses. CHEFO puts special focus on entrepreneurial ventures, which are owned by youth and women. CHEFO through its livelihood programs promotes microfinance, Self Help Groups, capacity building and small businesses. It also fosters linkages between community collectives and financial institutions. CHEFO also focuses on improving the literacy, numeracy and critical thinking skills to promote sustainable livelihood.

Safari

Besides our standard and authentic healthcare and volunteer placement programs, we offer customized and tailor-made tours. East Africa is bestowed with exquisite scenic landscapes, a great variety of wild animals, birds, sandy beaches and a diverse vibrant culture. This is an ideal destination for your dream African Wildlife. Some of the popular destinations include Maasai Mara Game Reserve among others

Kilimanjaro Trek

CHEFO takes you through a trek in the footprints of famed explorers and mountaineers on your way to the highest free standing mountain in the world; Mount Kilimanjaro at 5,985m. We also arrange mount Kenya and mount Elgon Hiking. The summit offers panoramic views of the dusty plains below while permanent glaciers flow down from its peaks; these trek mic vie is a perfect reward for both physical and mental push endured. Wash of the dusty plains below while permanent glaciers flow down from its peaks; these trek.

Accommodation

On arrival, volunteers are picked up from the airport/Bus station by our representatives and taken to our home-based shared accommodation in two locations, namely; Eldoret town and Chepngoror village, where our volunteers will share the facilities with other like-minded participants to provide an atmosphere of interaction and socializing in very secure neighborhoods with adequate time for personal space. The house is well guarded with our security staff all day long and has near accessible transport to shops and project area.

Program Duration & Prices

CHEFO levies and charges are as follows

Name of Program	Duration							
	2 weeks	3 weeks	4 week	5 weeks	6 weeks			
CHEFO	\$ 1250	\$1875	\$2500	\$3125	\$3750			
All other Programs	\$1075	\$1613	\$2150	\$2688	\$3225			

Benefits of our Program:

1. Better appreciation of the Global culture.

When your students/kids take gap year they will get involved in unfamiliar practice and customs, whereby they become better equipped to identify and interact with people from cultures – whether in school ,professionals and personal lives.

2. Learn & Grow.

Students who take gap years are prepared to make transitions, take control of new situations, and appreciate challenging situations for what they are.

3. Add Value to their CV

Students who take gap year are more marketable for internships and jobs, as taking a gap year shows initiative, maturity and independence of an individual.

4. Awareness of Their Academic and professional passion

Gap year helps students gain better sense of what they want to study in college or pursue as a carrier.

5. The ability to recognize achievements and grow

Students learn new opportunities either in climbing a challenging peak, mastering a new language or making difference in another life or community. Which makes them to grow academically, professionally and personally.

6. Safety

Students who have taken gap year will get support from emergency services and program staff this will give students freedom to explore, Learn and grow independently.

Fundraising inspiration

Not sure of the best way to raise your trip? Here are some ideas to get you started.

Earn

It might sound obvious, but a good starting point for any fundraiser is finding a part time job. It will allow you to start saving little by little and guarantee a definite source of income to go towards your CHEFO volunteer program. You won't necessarily be able to reach your total financial goal by working part time, so consider arranging some other fundraising activities to give you a boost.

Marketing your campaign

The surest way to excel is to connect people to the course you are to undertake. The key is to ensure that they are on board by making them informed. Get to the social platforms with carefully crafted messages Facebook, twitter, Instagram, Google+ and any other platform. Use personalized mails to people informing them of your campaign and giving a link to it. To give more weight to your campaign add something about your destination, if you are going to volunteer in a children's home share stories of what the institution is doing & if possible how you will make a difference. CHEFO will share with each program participant who is going on volunteer specific details that will enhance their campaign

Q & A DONOR

POTENTIAL DONORS MIGHT HAVE A FEW QUESTIONS FOR YOU BEFORE THEY PART WITH THEIR PENNIES. HERE ARE SOME HANDY RESPONSES TO THE MOST COMMON QUERIE

What is CHEFO Program? CHEFO offers volunteer projects and internships in Kenya for anyone interested in volunteering in the developing world, including those on a gap year, career break, or summer vacation to help in eradicating poverty, empower education among the youths and combatting HIV & AIDS prevalence.

WHAT WILL YOU BE DOING OVERSEAS?

I will spend time volunteering in Education, teaching entrepreneurship skills, fundraising, Healthcare, Agriculture Environment & construction of schools.

WHERE WILL MY MONEY GO?

Your money will help me to pay for my volunteer program with CHEFO. This includes, volunteer fee, accommodation, food in country and overseas support and of course donation to the projects.

WHY SHOULD I SPONSER YOU?

Your sponsorship will allow me to take part in the volunteer program, which will improve my CV and give me great talking points for interviews, above all I will change the lives of the less fortunate.

SAFETY & Risk Management

This is the most important aspect of your expedition and something we take very seriously. We have our team of staff mainly located where you are, in the expedition destination. This means we are on hand to prevent and deal with incidents rather than just react to them from afar.

We recognize that challenges we introduce you to and the service we provide are as safe as possible. That's why we have professionals and experienced staff to provide a fully supported expedition around the clock. Accommodation Facilities are carefully chosen to ensure that it's strategically located to approved medical facilities and have in place rehashed medical and emergency procedures, to ensure the best standard of care possible. In addition to this our accommodation is located in safe and secure areas and through our strong relationship with the local communities we benefit from a high degree of local security. In simple terms the local see us as part of their community and take good care of us. To complement this we employ our on security team to maintain 24 hours presence to deter any potential pretty crime.

Expedition safety

As CHEFO volunteer you stay in a safe hotel and shared accommodation, use our transport, work on our projects and supported by our staff. It also means that we

are experts in the countries and areas that we work, we know what is happening on the ground and understand part of the community we work with.

Vehicles & Transport

We have comprehensive vehicle safety policy to ensure all the vehicles you travel on are road worthy and checked against international standards, where we have outsource transport to third party providers, we have strict policies in place to ensure they meet our standards.

Communication.

Our Projects are located in Eldoret town, Uasin Gishu County, Kenya. The town has a very good mobile signal.

Mountain trekking safety

Our mountain technical experts are qualified international mountain instructors and advises us on best practice for all aspect of our treks including emergency response protocols. Professional guides and porters will accompany your mountain trek.

Embarking on any trek is challenging and serious endeavor that requires a level of physical fitness, stamina and a realistic awareness of the risk posed by high altitudes. We recommend that you do plenty of exercise in the run up to your trek and have a physical checkup for overall fitness before taking part.

24 hours Emergency support

All directors, Managers, and offices are on call 24 hours a day, 7days a week. This ensures we can always respond immediately to an incident.

Extensive Risk Assessments

We have extensive risk assessments for each location. They are reviewed annually and whenever they are significant changes that affect our expeditions operating to the highest possible safety standards.

Our team

CHEFO has a whole team to make your expedition a success. This includes our Chairman, Program Directors, Head office support staff, our camp managers, project coordinators guides and porters on the mountain.

In-country briefing & orientation

On arrival at each new location and before each new activity you will receive a briefing from either the camp manager or project coordinator to ensure that you are fully aware of any hazards and know how to keep yourself safe before getting an orientation of the local area.

Medical incidents & Relationships with local hospital

Our camp is strategically located close to hospitals and main roads. We have carefully selected and built excellent working relations with the hospitals we work with.

We operate a 3 system for medical emergencies.

Stage 1: On site medical support.

Each Home has a first aid kit with minor ailments. In addition, we ask you to bring a personal first aid kit with you.

Stage 2: For more serious complaints our camp is strategically located within an approved medical facility.

Stage 3: Emergency support.

The Emergency Assistance Provider (EAP) appointed by your personal travel insurance provides 24 hours support in the event of medical emergency, which will include repatriation if necessary.

Destination safety:

Ground operation: We have a lot of local knowledge, we don't rely on other people to tell us about our destinations. We have close relations with numerous agencies, Embassies, High commissions, foreign and commonwealth office we always adhere to their advice.

Camp location & security

We have security personnel in the residence. Only authorized staff and volunteers are allowed in camp.

Personal Safety

Code of conduct: prior to departure we ask all volunteers to sign a code of conduct. This is to set the standard of behavior expected in camp to ensure everyone's safety

Crisis Management.

We have a full crisis management plan in place that includes the support of extended agencies to ensure we put safety first, adhering to a minimum 1:10 ratio of adult to students and an experienced and qualified expedition leader accompanies every travelling team can react quickly and efficiently to any crisis that arises.

CHEFO Terms and Conditions

A. Responsibility

1. You must be 18 years old or above to participate in the programs, except for high school volunteer groups

2. Travel, medical and indemnity insurance is not included in the program cost. It is the responsibility of the student/volunteer to ensure that they have adequate coverage for the duration of their program
3. It is the volunteer's responsibility to ensure that s/he is in good health and fit to travel and undertake the duties expected of them in their program
4. CHEFO is not responsible for loss of property, personal injury, illness, accident, delay or expense sustained by the volunteer while participating in our programs
5. CHEFO and its agents are not responsible for any financial obligations or liabilities the participant may incur including damages to property, or injury to others while participating on this program
6. CHEFO is not responsible for the cost of extra activities (sightseeing, expeditions etc.) incurred during the course of your stay
7. Participants must acknowledge that possession of illegal substance on CHEFO policy, and if discovered will result in the immediate cancellation of your program
8. Participants are cautioned that the possession of drugs is often dealt with severe punishment by host country law enforcement

B. Payment (i) - What your fee will cover

Healthcare Volunteers

1. Individualized structured and supervised elective or shadowing placement
2. Detailed pre-departure support and local in-country support network
3. Hospital Fees
4. Airport pick up drop off from the program location
5. Orientation of local area and Swahili classes
6. Clean and Safe accommodation.

Optional add on: Safari /Mount Kilimanjaro climb

Education, Environment, Construction, Farming &Animal Husbandry Volunteer Program

1. Project Work as an individual
2. Extensive pre-departure support
3. Airport pick up & drop off
4. Orientation of local area including basic Swahili lessons

5. Shared accommodation
6. 24 Hours On Ground Support

What your fees do not cover

1. Cost of travel and Insurance while on placement
2. Cost of Visa \$ flight charges

B. Payments (ii)

1. Once your application has been accepted, a reservation deposit is due immediately in order to find placement. Once paid, the reservation deposit is nonrefundable, but will be applied to the student's program fee should they attend in future up to one year from the initial start date, including the program fee.
2. Balance of program fee is due 3 months prior to your program start date. For programs that are split between two or more countries, the program fee is due 4 months prior to your start date given more involved advanced preparations.
3. Once the application is accepted and reservation deposit duly paid, the program fee cost is guaranteed and will not change so long as the proposed start date, including postponement by a participant is within one year of the date of application.
4. Program fee prices on the website are subject to change without warning. Whenever such changes occur, we will notify the participant of the increments.
5. All prices including for any optional activities such as excursions or safaris are subject to change without notice. Whenever such changes occur, we will notify the participant of the increments.
6. All fees are payable in US Dollars
7. Participants agree that no part of the program fee is refundable once the program has commenced. This means that no refunds are issued should students spend less time on their program because of illness or personal travel or any other reason whatsoever
8. Please note that any payments due to the Program that remain unpaid past the due date may be referred to collection agents and also reported to credit reference bureaus or agencies in your respective countries
9. Any refunds for whatever reason will be sent out within 14 days of the refund decision date

C. Changes and Cancellations by Participants

CHEFO must be notified of desired changes or cancellations through this address ceo@chepngoror-foundation.com. Our staff will provide advice on contemplated changes and cancellations. This is the only binding way to secure a change to your contract with CHEFO.

1. We usually charge a change fee of US \$ 50, plus any additional costs that we may incur to effect the change. Where these costs exceed US \$ 75, we will give you full details of expected charges prior to effecting the change.

2. Once you have made your reservation deposit, you need to provide us with all the requisite documents within the deadline provided, that is no later than 2 months prior to your program start date. Failure to do so will necessitate expedited processing, which will incur an additional fee of \$25.

3. Participants are advised that a significant part of the fees are spent in advance of their program start date in order to prepare for their arrival for the program. Consequently, CHEFO is not in a position to offer a full refund should participants choose to cancel their travel for any reason. We will refund part of the fee depending on when your written notice of cancellation is received:

1. Written notice received after making the reservation deposit but more than 60 days from the program start date will incur forfeiture of the reservation deposit

2. Written notice received 30 to 60 days before your program start date will incur a 50% total program fee

3. There will be no refund for cancellation notice received less than 30 days before your program start date

4. Once a participant commences their program, there will be no refund for any reason whatsoever

5. If you have already changed your dates, the cancellation penalties will apply based on the original program start date. Exceptions are entirely at CHEFO own discretion and will be communicated in writing.

4. CHEFO is under no obligation to make any changes or amendments once your program has started. Should you choose to depart prior to your scheduled finish date, there will be no refunds whatsoever.

5. Due to advance preparations cancellations for all other optional programs / reservations, for example Safaris, will not be fully refundable but will incur a 25% cancellation fee to cover our administrative charges.

D. Changes or Cancellations initiated by CHEFO Foundation.

1. In very rare occasions, program details may differ from the original plan. In such a case, we will do everything possible to deliver a program as good as what was contracted, even if the venue changes.

2. In the very rare occasion that we need to cancel a program, we will inform you at least 45 days before your program start date and refund you fully within 30 days of informing you. We will not have any further liability beyond the full refund of program fees we received.

3. However, where a cancellation is necessitated by circumstances beyond our control, such as natural disasters, extreme political instability, security threats, terrorist activities etc., we will not be liable for a refund. Instead, we will offer you a similar program in a different destination or offer to change your program dates at no additional costs or change fees to you. The participant understands that s/he will be responsible for any costs incurred while changing transport arrangements to the new destination.

4. CHEFO provides a number of non-medical program activities such as safaris, mountain climbing and excursions as a courtesy service to its program participants. Please note that we reserve the right to cancel these add-ons at any time with a full refund to program participants net of bank charges. We rely on several vendors and suppliers to deliver these activities. Should prices change, we will inform you as soon as we receive the information.

E. General Rules

1. Follow the rules, advice and policies set by the local Project Coordinator.
2. Travel with an open mind; be respectful to the culture and customs of the country you are volunteering in. This means practicing patience and understanding even when you do not agree with certain issues.
3. Understand that though responsible alcohol consumption is permitted gross misbehavior will result in the termination of your program. This includes being inebriated to the point of losing control, harming others or damaging property. You must not consume alcohol at your project or volunteer site or while en route to these places. This is cause for immediate expulsion from the program.
4. Treat all people with respect and dignity, especially the elders of the community.
5. Dress properly with regard to the local culture, as well as weather conditions. Realize what is socially acceptable in western countries, can be considered offensive in others.
6. Avoid all political demonstrations and activities. Remember you are guests in the host country and subject to local laws and punishment.
7. Acknowledge the program and accommodations provided are customized for you and not changeable in country without approval and consent of CHEFO.
8. Advise the host family and Project Coordinators of weekend travel plans.

9. Respect the policies of the community and the rules of the host family in which you are staying.
10. Seek permission before inviting guests to the home-stay, hotels or shared accommodation
11. Overnight guests are not allowed in the CHEFO residence.
12. Respect the accommodation; you will be liable for any damage you may cause.
13. Keep your room clean and neat. Offer to help with chores around the home.
14. No smoking inside your accommodation.

F. Termination of Program

1. CHEFO reserves the right to terminate the program of any student/volunteer who
 1. Violates any of these Terms and Conditions;
 2. Is found to have supplied false information during their application;
 3. Refuses to fulfill their obligations in the program; or whose
 4. Behaves or acts in a manner considered to be gross misconduct by CHEFO.
2. If a program is terminated, the volunteer is no longer under the care of CHEFO and is responsible for his/her own passage back home. CHEFO will not be liable to offer assistance, financial or otherwise.
3. Volunteers who choose to terminate their program for whatever reason, at any point during their volunteer work, will no longer be under the care of CHEFO and are responsible for their own passage back home. No refunds will be given and CHEFO not be liable to offer assistance, financial or otherwise.

G. Release and Acceptance

By accepting to participate in any of our programs, volunteers agree that they have read and accepted our Terms and Conditions and further indemnify CHEFO from and against all loss, damage and liability which may be suffered or incurred as a result of his/her act, neglect.

Our Package Consists of:

- A detailed pre-departure support
- Airport transfers and local orientation
- Accommodation
- Daily Trips as a group to and from the placement area

- Supervised placement and healthcare tutorials with our local mentors
- Personalized placement to meet individual specifications including split placements, research needs, flexible program dates rotation e.g. night shifts.

Interested in Volunteering with us? [Inquire Now](#)

First Name

Last Name

Email Address

Phone Number

Institution

Select Your Program

How Did You Here About Us?

Your Inquiry

Submit

Our Partners

Kindly give the names of our partners if any

Our Contacts

Chepngoror Educational Foundation (CHEFO)

Oginga Odinga RD

Kaplimo House, 1st Floor

PO BOX 3713

ELDORET, KENYA

Tel: (254) 722992107/ (254) 738992107

Email: ceo@chepngoror-foundation.com

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